

FEBRUARY 2024 MIDDLE SCHOOL LUNCH MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
			FEBRUARY 1 French Fry Bar with Soft Pretzel Fruit Cup Variety of Milk	FEBRUARY 2 Chicken or Cheese Quesadilla Spanish Rice Fruit Cup Variety of Milk
FEBRUARY 5 Breaded Mozzarella Sticks with Pasta and Marinara Sauce Fruit Cup Variety of Milk	FEBRUARY 6 Chicken Nuggets with Waffle Tossed Garden Salad 100% Apple Juice Variety of Milk	FEBRUARY 7 Pork Carnitas or Chicken or Vegetarian Burrito Bowl Corn Salsa Spanish Beans Fruit Cup Variety of Milk	FEBRUARY 8 EARLY DISMISSAL NO LUNCH	FEBRUARY 9 General Tso Chicken with Rice and Fortune Cookie Broccoli Fruit Cup Variety of Milk
FEBRUARY 12 Spicy Chicken Filet on Bun Tater Tots Sweet & Sour Cucumber Salad 100% Fruit Punch Variety of Milk	FEBRUARY 13 Chicken Tenders with Dinner Roll Baked Sweet Potato 100% Apple Juice Variety of Milk	FEBRUARY 14 Max Sticks with Marinara Sauce Tossed Garden Salad Fruit Cup Variety of Milk	FEBRUARY 15 Cheese Burger on Bun French Fries Tossed Garden Salad Fruit Cup Variety of Milk	FEBRUARY 16 NO SCHOOL
FEBRUARY 19 NO SCHOOL	FEBRUARY 20 Oven Roasted Chicken with Macaroni & Cheese and Dinner Roll 100% Apple Juice Variety of Milk	FEBRUARY 21 Beef or Bean Nacho Supreme Spanish Beans Fruit Cup Variety of Milk	FEBRUARY 22 Buffalo Chicken Wrap or Buffalo Vegetarian Wrap Oven Roasted Potatoes 100% Fruit Punch Variety of Milk	FEBRUARY 23 Toasted Ravioli with Marinara Sauce Seasonal Roasted Vegetables Tossed Garden Salad Fruit Cup Variety of Milk
FEBRUARY 26 Bosco Sticks with Marinara Sauce Steamed Broccoli Tossed Garden Salad Fruit Cup Variety of Milk	FEBRUARY 27 Popcorn Chicken with Dinner Roll and Gravy Mashed Potatoes 100% Apple Juice Variety of Milk	FEBRUARY 28 Soft Shell Chicken or Bean Taco Southwest Beans Fruit Cup Variety of Milk	FEBRUARY 29 Grilled Ham & Cheese or Grilled Cheese with Tomato Soup 100% Fruit Punch Variety of Milk	

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DAILY ALTERNATE ENTREES MAY INCLUDE:

Pizza
Chicken Patty or Spicy Chicken Patty on Bun
Hamburger or Cheese Burger on Bun
Hot Dog on Bun
Peanut Butter and Jelly Sandwich
Assorted Hoagies
Assorted Salads
Fruit Smoothie with Soft Pretzel or Yogurt Parfait
Veggie Burger

AVAILABLE DAILY:

Fresh vegetables: may include baby carrots, cucumbers, tossed salad

Fresh fruit: may include apples, oranges, bananas

Variety of Milk: unflavored 1% milk, unflavored fat free milk, fat free chocolate milk

Hot vegetables may include: corn, peas, carrots, green beans, mixed vegetable and steamed broccoli

Fruit cups may include: applesauce, strawberry cup, peach cup, mixed fruit, pears

This institution is an equal opportunity provider. Menu subject to change without notice.

WG = Whole Grain

***All grains offered are whole grain rich**